

OPEN KARATE
4th UKA CUP – OPEN KARATE -TAVIRA CITY-ALGARVE-PORTUGAL

26th of January 2020

Venue : Tavira Municipal Pavillion
Av. Zeca Afonso, 8800 Tavira-ALGARVE-PORTUGAL

GPS Coordinates
Lon : 07 38'28.67"W
Lat :37 07'55.92"N



Registration: In it's own registration on applications forms on link until the 19th of January 2020 with the corroborative document of the registration payment.
The payments of the registrations must be made to the Tavira Karate Club bank account **IBAN: PT 50 0045 7140 4000 3036 6210 8**

Registration Fees: €5 Euros for the Kata or Kumite event or €10 Euros for both events until the registration limit date. The registration fee is not returned in any case.



Affiliated to :National Federation Karate of Portugal – U.K.A.-Karate-do Kofukan -Portugal
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Program – Schedule:

09H10 – Coaches and Referees Briefing

09H30 – Start of the Kata Competition.

Categories: Juvenis (12/13 years), Cadetes / Juniors

11H30 to 13H30:

Categories Infantis (8/9 years), Iniciados (10/11 years)

Prize's award to the Kata medal winners

From 12H00 – Lunch (Pavillion Bar)

The competition doesn't stop for lunch

13H30 – Start of the Kumite competition by the following order, in four tatamis:

Juvenis (12/13 years old)

Cadets/Juniors

Iniciados (10/11 years old)

Infantis (8/9 years old)

Prize's award to the Kumite medal winners

18H00 – Tournament Closure

The clubs must be on time in all events for the organization to fulfil tournament scheduled. There is no break for lun



Competition: Kata and Kumite Individual Events, for all age categories announced in both genders. In the formation categories pré-infantis (children aged 5/7 years old) Infantis (children aged 8/9 years old) and Iniciados (children aged 10/11 years old), the events can have both genders depending on the number of registrations, specially in the category Infantis (children aged 8/9 years old) in the event Kata. However, if the number of registrations justify it, the events will be by gender. In a category that the number of registrations is less or equal to 4 competitors, they will be integrated in another category, by rule in the following category. In the Kata event by grades, will be adopted the same principle.

In the Kumite events in the categories cadet/junior, the competition can be Open.

The age category refers to the age of the competitor on the day of the tournament, being mandatory the presentation of identification card or equivalent document. By option of the coach, the competitor can participate in the age category immediately above his. Example: one Infantil competitor (children aged 8/9 years old) can compete in the Iniciado category (children age 10/11 years old) and so forth. The same rule is valid in the case of a competition by grades. The reverse is not possible and implies disqualification of the event.

KATA EVENT: W.K.F. and F.N.K.P (Portuguese National Karate Federation)Rules or adapted Pré-Infantil category (children aged 5/7 years old) Infantil category (children aged 8/9 years old) / Iniciados category (children aged 10/11 years old) with repechage in all events.

Competition individual Categories:

PRÉ INFANTIL CATEGORY(children 5/7 years old) all grades mix sex
(Basic Katas: Shiosanshiki; shiozuki; Juni zuki, Taikiyouku, GekisaiDai ichi, Pinan or Heian Nidan)

INFANTIS CATEGORY(children aged 8/9 years old)

8-9 years old – Grade – until yellow belt (Basic Katas: Shiosanshiki; shiozuki; Juni zuki, Taikiyouku, GekisaiDai ichi, Pinan or Heian Nidan and Shodan)

8-9 years old – Grade – above yellow belt (Kata List as per chart I of this regulation).

INICIADOS CATEGORY (children aged 10/11 years old)

10-11 years old – Grade – until orange belt (Female and Male)

(Basic Katas: Shiosanshiki-shiozuki; Juni zuki, Taikiyoku, Gekisaidai Ichi and Ni, Pinan or Heian Nidan, Shodan and Sandan).

10-11 years old – Grade – above orange belt (Female and Male)

(Federation Kata List as per chart I of this regulation)



JUVENILE (Youth aged 12/13 years old) Female and Male
(Federation Kata List as per chart I of this regulation)

CADETS/JUNIORS (youngsters + 14 years of age) Female and Male –
W.K.F. List

Chart I – Portuguese National Karate Federation (FNK-P)

KATA EVENTS REGULATION
CATEGORIES INFANTIS TO JUVENILE

| INFANTIS (children-above yellow belt (until 9 years old) | INICIADOS (Youths) (10-11 years old) | JUVENIS (12-13 years old) |
|--|---|---|
| <i>Katas Básicos:</i> <i>Taikyokus-Juni-zukis</i> <i>Gekisai Dai</i> <i>Pinans / Heians</i> | <i>Katas Básicos da Lista Oficial</i> <i>WKF:</i> <i>Lista de Katas Iniciados;</i> <i>- Shisochin;</i> <i>- Seienchin/Seiyunchin;</i> <i>- Bassai-Dai;</i> <i>- Jion;</i> <i>- Enpi;</i> <i>- Kushanku;</i> <i>- Chinto.</i> | <i>Katas:</i> <i>- Da Lista Oficial da WKF</i> |

Pré- Infantil (5 to 7 years old) they can repeat the same kata in all rounds:
(Basic Katas : Shiosanshiki- shiozuki; Juni zuki, Taikiyoku, GekisaiDai ichi, Pinan ou Heian Nidan)

INFANTIS (8 /9 years old) Grade until yellow belt

They can repeat the same kata in all rounds:

(Basic Katas : Shiosanshiki- shiozuki; Juni zuki, Taikiyoku, GekisaiDai ichi, Pinan ou Heian Nidan e Shodan)

INFANTIS
(children 8/9 years old and above yellow belt)

Basic Katas:
Taikyokus-Juni-zukis, Gekisai Dai, Pinans/Heians



The competitors will have to present, minimum, two (2) different basic Katas of the list alternatively in each eliminating round. They can repeat the kata in the final or in the dispute for the 3rd place as long it's different from the previous one executed.

INICIADOS

(Youths - 10/11 years old)

Basic Katas Taikyokus-Juni-zukis, Gekisai Dai, Pinans/Heians

Iniciados Kata List:

Shisochin; Seienchin/Seiyunchin; Bassai-dai; Jion; Enpi; Kushanku; Chinto.

The competitors will have to present in the two (2) first eliminating rounds two (2) different Basic katas..

From the third (3rd) eliminating round they can present Katas from the "Iniciados" kata list.

From the fourth (4th) eliminating round they can repeat Katas, as long they are different from the previously one executed and only once.

JUVENILE

(Youths 12/13 years old)

Katas:

From the WKF Official List.

The competitors will have to present in the three (3) first eliminating rounds different katas from the WKF Official List.

From the fourth (4th) eliminating round they can repeat katas as long they are different from the ones previously executed and only once.

Cadets/ Junior (+ 14 years old)

W.K.F- rules

Katas:

From the WKF Official List.



**KUMITE INDIVIDUAL COMPETITION – The applying rules are the ones of the
National Federation of Karate - Portugal
FNK-P**

| Category | Children 8/9 yrs old Female and Male | Youths10/11 yrs old Female and Male | Youths 12/ 13 yrs old Female and Male | CADETE* 14 / 15yrs old Female and Male | JUNIOR* Open Female and Male |
|----------|--|--|--|---|---------------------------------------|
| Short | Until 140 cm | Until 150 cm | Until 160 cm | 170cm | Open |
| Tall | + 141 cm | + 151 cm | + 161 cm | + 171cm | Open |
| Duration | 1,30Mn | 1,30Mn | 2,0Mn | 2,0Mn | 2,0Mn |
| Area | 6x6m | 8x8m | 8x8 or 10x10m | 8x8 or 10x10m | 8x8 or 10x10m |

Repechage in all rounds

Infantis (children 8/9 years old): Female and Male (Short and Tall)

Iniciados (youths 10/11 years old): Female and Male (Short and Tall)

Juvenis (youths 12/13 years old): Female and Male (Short and Tall)

Cadets/Juniors (youngsters + 14 years old):

Female and Male (Short and Tall).

***Depending on the number of registrations in this last category, it can be divided
in age category.***

Infantis (aged 8/9 years old) and Iniciados (aged 10/11 years old)

Competition area: 6x6m

***Compulsory protections: WKF facemask, chest protector, gloves, foot
protection, gum shield and groin guards.***

Duration of bout: 1,30 minutes

Juvenis (aged 12/13 years old) Cadets/Juniors (+ 14 years old)

Protection equipment accordingly with W.K.F and F. N. K. P rules.

Competition area: 8x8m or 10x10m

Duration of bout: 2 minutes



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Nº of registrations per Club: Maximum per category=8

Classification/podium: There will be one 1st place, one 2nd place, and 2ndx3rd places.

Prizes: Trophy for the 1st place and medals for the remaining athletes in the podium.

Participation medals for all competitors in the “pré- infantil” children category .

Important Information

- 1- **The competitors age category** refers to the age of the competitor on the day of the competition, being mandatory the presentation of identification card or similar document every time it's requested. The non presentation of such document implies the competitor's disqualification.
- 2- **Insurance:** All competitors and all the other intervenient must have their insurance in force. The organization it's not responsible for any accident that might occur during the competition with the contestants, referees, coaches and all other intervenient.
- 3- Each club will have to present at least two referees and one table official to help out in the competition.
- 4- There is a Bar in the hall which will serve meals in a proper scheduled to avoid delays in the competition; we do not stop the competition for lunch.
- 5- We will provide lunch for the referees, judges and table officials.
- 6- The cases of omission in this rules will be resolved by the event organiser: Clube Karate de Tavira / União de Karate do Algarve- Kofukan- Portugal

Hotels: Please book the accomodation directly through the web site net. There many hotels in Tavira City, and the prices are not expensive, but if you need help please contact the organization.



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